



From the Desk of Sister M. Juliana

By now your homes should be brimming with the sound of music, especially if your child has had a couple of lessons. ☺ A good rule of thumb for practicing is to do what is needed to prepare for the lesson. If a student wants to be considered for the "Honors Recital," to go "the extra mile" is beneficial toward that goal.

FOR SALE: A beautiful Baldwin piano that would be perfect in a smaller room (\$450.)
A larger upright piano (\$400.) If you are interested please call the VC Music School ASAP to make an appointment.

If you have a MS/HS aged child that is interested in learning to play the trumpet or the french horn, there is a possibility of hiring a brass teacher if there were three to five students.

Watch the Valley Catholic Music School website for dates and times for the Fall Recital Series. Students are highly encouraged to participate in order to meet requirements (students must participate in at least two of the three series of recitals per year) for the annual VC Music School Scholarship auditions. Recitals have many positive skill opportunities from improving public speaking to developing memorization skills, from learning time management to meeting a time line to perform a finished piece of music. It also prepares and gives students training for auditions and scholarships. Everyone is invited: the more the merrier.

A Stanford study shows that music engages areas of the brain which are involved with paying attention, making predictions and updating events in our memory (Baker, Mitzi. "Music moves brain to pay attention, Stanford study finds." Stanford Medicine. Accessed February 24, 2015.)

