

February 2, 2010

Hello all-

Today what I have for you is lots of reminders. The first one I hadn't even noticed:

- This Friday **February 5th** there is NO SCHOOL for the MS & HS for Teacher In-service
- Spirit Week continues – any strange outfits?
- Final Home Game and Senior Night for both Boys and Girls Basketball on **February 5th**. Check website for times. <http://www.valleycatholic.org/>
- VCS's dance team, Charisma, will be competing on **February 6th** in Stayton - Good luck!
- Parents show your support when you attend VCS activities.
 - Jan Vinson has come up with two t-shirt options for parents that say "Valley Blue" that will be \$9.50.
 - This is NOT a fundraiser...it is a SPIRIT-raiser.
 - Orders will be taken through **February 15th**.
 - Payment due at time of pick up.
 - Contact Jan at classEmail@comcast.net or **503 642 7156**
- **The Greatest Show on Earth - VCS Auction** will be taking place on **April 17, 2010**.
 - Last week an email went out to all Middle & High School families asking for volunteers and support.
 - February 3rd – **TOMORROW** – contribution envelopes due for the **HS Class sponsored packages to receive SPIRIT WEEK POINTS**.
 - **Help make those vacation packages happen! Contributions will be gladly accepted after tomorrow, but won't count for points.**
- Called to Protect classes offered by Dale French
 - These are offered the first Wednesday of every month from 6-7:30 pm in the HS library for parents who wish to volunteer at the MS & HS.
 - The premise of the class
 - How to recognize interactions between adults and children that may be
 - Inappropriate or put a child at risk for abuse.
 - How to respond if they see something of concern.
 - Signs to watch for that could indicate a child has been abused.

- Skills to begin teaching their own children how to protect themselves from abuse.
 - Parents who volunteer where there are students should have this certificate on file.
- eScrip & oneCause
 - Ongoing fundraiser for the VCS Parent Association. No, no this is an easy one, just give it a try.
 - eScrip is so easy! Sign up your Safeway card so that every time you use it 2% comes back to our pot so we can help out with things like cookies and coffee for the Christmas Concerts- among other things. www.eScrip.com
 - Seriously it only takes **5 minutes**.
 - oneCause is another no-brainer.
 - Register at www.onecause.com and then shop online to have percentages kicked back to VCS Parent Association
 - Shop at
 - L.L.Bean
 - Land's End
 - Gap
 - Shutterfly
 - Amazon
 - HSN
 - Travelocity
 - Again, this is so easy and it **DOES NOT** cost you anything!
 - Many, Many thanks in advance.

That's all for this week. Not sure if I've missed anything...

I heard from some of you that this email has been a positive so I'll keep 'em comin'. And let me know if there is any info other parents might like to have.

Enjoy the SUN-
Amy