



Valley Catholic Junior Baseball Program

Valley Catholic's Junior Baseball Program For boys ages 5 – 10 interested in a beginning, recreational baseball program.

Introducing Valley Catholic's Junior Baseball program for boys ages 5-10. VC's Junior Baseball program is a developmental program for students entering kindergarten through fourth grade in the 2010-2011 school-year.

For players in the Junior Program, your practices and games will be at the Valley Catholic baseball field at Valley Catholic School.

The fee to play is \$85 per player. This will cover your entrance fees for league play (approx. 10 games total, 2 per week starting in June), player registration, and your uniform (shirt, socks, and hat). Valley Catholic will provide some very basic equipment such as catching gear, practice balls, and a few bats, a pop up net, and a tee.

Each player must have their own baseball or soccer cleats, black shorts or black baseball pants, baseball mitt, helmet with facemask and chin strap, water bottle, and sun screen.

Optional equipment: Individual baseball bat and batting gloves are recommended for older players. There are optional team sweatshirts. Your sweatshirt will have your last name on the back. You can probably use this for multiple years.

Our school is VERY excited to have your son join our league. Please visit our website at valleycatholic.org.



Valley Catholic Junior Baseball Program

General information Sheet

Is your kindergarten through fourth grade (for the 2010-2011 school-year) interested in playing baseball this year in a beginning, recreational program? It is now time to register.

When: Games start approx. the first week in June and run for five weeks. Practices may begin in June as determined by the coach.

Where: Practices and games will be held twice a week on the Valley Catholic School fields. Practices will be 30 minutes prior to each game. Games last 4 innings or 60 minutes, whichever occurs first.

Playing levels: We must meet the minimum number of players in each level. If the minimum number of players is met, then we will have multiple teams competing at the following recreational levels:

- Tee ball – Beginning player approx. ages 5-7
- Coach pitch – approx. ages 6-8
- Beginning boy pitch ages 8-9 (if players are ready)

Teams: We structure teams to provide a strong overall experience for the boys. Given this, players will be assigned teams based on their ages. When possible, students will be assigned teams based on the school they attend and/or their friend requests. Students from the same school will not be split if we can avoid it (provided the player met the registration deadline). Please keep this in mind as you make your coach/team/player requests. We will try and honor requests on a first come basis, within the parameters listed.

Team sizes: There will be a minimum of 10 and a recommended maximum of 12 players per team.

Work Party Requirement for Developmental Teams: A parent and VC player must attend a work party later in the season (approx. first week in June) at Valley Catholic's baseball fields (near the track). The boys will practice for the first hour but towards the end, the boys will be asked to help so they feel a sense of pride in their field, as well. Adults should wear work clothes (clothes that can get dirty). The specific day and time will be set by the coach. If an VC player and parent are unable to attend the work party, you will be required to sign up for "maintenance duty" in June or July. Bottom line, everyone will be required to help with our share of the field work. Hopefully most will help at the initial work party.



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Coaches: Coaches must complete a background check, complete the ACE certified (an on-line course) and must complete other assigned duties. One coach and one assistant coach will be assigned per team. If the coach and assistant coach complete the assigned duties prior to the start of the season – each may register up to two of their child for an VC Junior team at a discount of 50% for the first child and 25% for the second.

Cost: The cost is \$85.00 per player (see note regarding players of coaches). This includes the registration fee and uniform (shirt, hat, socks).

Required equipment: Each player must have their own baseball or soccer cleats, black shorts or black baseball pants, baseball mitt, helmet with facemask and chin strap, water bottle, and sun screen.

Optional equipment: Individual baseball bat and batting gloves are recommended for U8 players. There are optional team sweatshirts. Your sweatshirt will have your last name on the back. You can probably use this for multiple years.

How to register: Please complete the registration packet and mail it to:

Valley Catholic Junior Baseball Program
c/o Jennifer Gfroerer
4275 SW 148th Ave
Beaverton, OR 97007

Registration deadline: Registration deadline is May 31, 2010. Registrations received after deadline will be subject to an additional fee of \$15.

Refund Policy: There will be NO refunds unless the team is cancelled at any given level (See playing levels for details).

Contacts: If you have general questions about Valley Catholic Junior Baseball, please contact Jennifer Gfroerer (Grah FAIR ah) at 503-520-4703 or e-mail at JGfroerer@valleycatholic.org.



Valley Catholic Junior Baseball Program

Athlete Information (please print):

First Name: _____ Middle Initial: _____ Last Name: _____
Street Address: _____
City: _____ State: _____ Zip Code: _____
Home Phone: _____ Home e-mail: _____
Birth Date (mm/dd/yyyy): _____ Fall 2010 Grade: K 1st 2nd 3rd 4th
School attending fall 2010: _____

Family Information (please print):

Father's First Name: _____ **Last Name:** _____
Work Phone: _____ E-mail: _____
Cell Phone: _____

Mother's First Name: _____ **Last Name:** _____
Work Phone: _____ E-mail: _____
Cell phone: _____

Would you like to volunteer for any of the following? Name: _____
____ Coach ____ Assistant Coach ____ Team Parent

Emergency Information:

Name of Emergency Contact (other than parent/guardian): _____

Phone Number: _____ Cell Phone Number: _____

Relationship to Player: _____

Family Physician: _____ Phone Number: _____

Dentist: _____ Phone Number: _____

Insurance Company: _____ Insurance Policy Number: _____

Please list any medical problems: _____

Do you have any medical conditions, physical limitations, or allergies we should be aware of before you compete? Please describe any treatment (inhaler, epi-pen, etc.).



Valley Catholic Junior Baseball Program

Athlete Information (please print):

First Name: _____ Middle Initial: _____ Last Name: _____

Order carefully - There are no refunds or exchanges.

Uniform Information: Please see Valley Catholic's Optional Clothing Order Form for additional options. The OSS Junior Program uniform consists of a sleeveless game shirt, socks, and a visor. This is included in the registration fee.

Please circle the size of jersey you wish to order for your son. Please pay close attention to the child sizes vs. adult sizes. Jerseys will most likely be a cotton blend.

Jersey Size					
Child sizes	XS (2-4)	S (6-8)	M (8-10)	L (12-14)	XL (16 – 18)
Adult sizes	(not available)	Small	Medium	Large	XL
Shoe Size		Child Size	Youth Size	Adult Size	
		(Small): _____	(Average): _____	(Large): _____	

Required equipment: Each player must have their own baseball or soccer cleats, black shorts or black baseball pants, baseball mitt, helmet with facemask and chin strap, water bottle, and sun screen. **Optional equipment:** Individual baseball bat and batting gloves are recommended for U8 players. There are optional team sweatshirts. Your sweatshirt will have your last name on the

Permission & Waiver

I hereby give my permission for my son _____ to take part in "Valley Catholic Junior Baseball" activities. To the best of my knowledge he is physically fit and able to engage in sports activities. I give permission for the adult in charge to arrange for emergency medical attention, if needed. In consideration of my permission granted my child to participate in this sports activity, I hereby release, discharge and hold harmless Valley Catholic Junior Baseball, its coaches, Tualatin Hills Park & Recreation District, Valley Catholic School and their agents and employees for all liability, personal injuries known or unknown, arising out of "Valley Catholic Junior Baseball" activities.

I have read this permission and release waiver, and understand all of its terms as noted. I sign it voluntarily and with full knowledge of its significance.

Parent/Guardian signature: _____ Date: _____



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Coach/Team/Player Requests

Players will be assigned teams based on their ages. When possible, students will be assigned teams based on the school they attend and/or their friend requests. Students from the same school will not be split if we can avoid it (provided the player met the registration deadline).

Please keep this in mind as you make your coach/team/player requests. We will try and honor request on a first come basis, within the parameters listed.

Athlete Information (please print):

First Name:

Last Name:

Coach/Team request:

First Name:

Last Name:

Relationship to this coach (parent, family friend):

Phone Number:

E-mail:

Friend Request # 1:

First Name:

Last Name:

Relationship (sibling, cousin, friend):

Phone Number:

E-mail:

Friend Request #2:

First Name:

Last Name:

Relationship (sibling, cousin, friend):

Phone Number:

E-mail:



Valley Catholic Junior Baseball Program

2010 Optional Clothing Order Form

Athlete Information (please print):

First Name:

Last Name:

Home Phone:

Home E-mail:

Order carefully - There are no refunds or exchanges.

Valley Catholic Sweatshirts – Sweatshirts are blue with the Valley Catholic logo on front and the child’s last name on the back

Last Name (As it should appear on the back of the shirt): _____

Number Ordered	Description	Cost per item	Size(s)
	Hooded Sweatshirt Hooded sweatshirts run about one size smaller than typical.	\$35.00	
	Crew Neck Sweatshirt	\$30.00	
	¼ zip sweatshirt (adult sizes only)	\$35.00	

Child sizes	XS (2-4)	S (6-8)	M (8-10)	L (12-14)	XL (16 – 18)
Adult sizes	(not available)	Small	Medium	Large	XL

Make checks payable to Valley Catholic Junior Baseball. Check MUST accompany order.