



Oregon Spirit Softball

Fastpitch for 8 to 18

Oregon Spirit Softball's Junior Program For Girls ages 5 – 14 interested in a beginning, recreational softball program.

Oregon Spirit Softball is an ASA fast-pitch softball organization for girls ages 8-18, with a developmental program – known as the Junior Program - for students entering kindergarten through eighth grade in the 2010-2011 school-year.

Our coaches have been ACE certified and have had first aid and CPR training. There are many years of experience among us.

For players in the Junior Program, your home field will be the grassy field and JV field at Valley Catholic High School. Your games will be played in the general area.

The fee to play \$85 per player. This will cover your entry fees for league play, (approx. 10 games total, 2 per week starting in June), practice field, ASA insurance and registration, and your uniform (sleeveless shirt, socks and visor). OSS will provide some very basic equipment such as catching gear, practice balls, and a few bats, a pop up net, and a tee.

Each player must have their own black shorts, softball (soccer) cleats, softball mitt, helmet with facemask and chin strap, water bottle, and suntan lotion. **Optional equipment:** Individual softball bat, batting gloves, and slider shorts are recommended for older players.

There are many “optional” items. I have given your team manager a list to order these things. They range from sliding pads to t-shirts and team sweatshirts. Since you will not have a choice as far as your jersey number for T-ball, your sweatshirt will have only your last name on the back. You can probably use this for multiple years.

Our Board is VERY excited to have your daughter join our league and will support you as much as we possibly can. Please visit our website at OREGONSPIRITSOFTBALL.ORG at your convenience. You will find a list of Board Members and how to contact us, along with other information.

There will of course be more information as your season gets nearer.

Roni Illias
President, Oregon Spirit Softball
Head Coach, Valley Catholic Softball



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General information Sheet

Is your kindergarten through eighth grade (for the 2010-2011 school-year) interested in playing softball this year in a beginning, recreational program? It is now time to register.

When: Games start approx. the first week in June and run for five weeks. Practices may begin in June as determined by the coach.

Where: Practices and games will be held on the Valley Catholic School fields. Please Note: OSS is not affiliated with Valley Catholic School.

Playing levels: We must meet the minimum number of players in each level. If the minimum number of players is met, then we will have multiple teams competing at the following recreational levels:

- Tee ball – Beginning player approx. ages 5-7
- Coach pitch – approx. ages 6-8
- Girl pitch beginning – approx. ages 8-10
- Girl pitch intermediate – approx. ages 10 – 12
- Girl pitch intermediate level 2 – ages 12-14

Teams: We are restructuring the Junior Program teams based on the feedback from last season and to provide a better overall experience for the girls. Given this, players will be assigned teams based on their ages. When possible, students will be assigned teams based on the school they attend and/or their friend requests. Students from the same school will not be split if we can avoid it (provided the player met the registration deadline). Please keep this in mind as you make your coach/team/player requests. We will try and honor request on a first come basis, within the parameters listed.

Team sizes: There will be a minimum of 10 and a recommended maximum of 12 players per team.

Work Party Requirement for developmental Teams: A parent and OSS player must attend a work party later in the season (approx. first week in June) at Valley Catholic's grass and JV fields (near the track). The OSS girls will practice for the first hour but towards the end, the girls will be asked to help so they feel a sense of pride in their field, as well. Adults should wear work clothes (clothes that can get dirty). The specific day and time will be set by the coach. If an OSS player and parent are unable to attend the work party, you will be required to sign up for "maintenance duty" in June or July. Bottom line, everyone will be required to help with our share of the field work. Hopefully most will help at the initial work party.



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Coaches: Coaches must complete a background check, complete the ACE certified (an on-line course) and must complete other assigned duties. One coach and one assistant coach will be assigned per team. If the coach and assistant coach complete the assigned duties prior to the start of the season – each may register up to two of their child for an OSS Junior team at a discount of 50% for the first child and 25% for the second.

Cost: The cost is \$85.00 per player (see note regarding players of coaches). This includes the registration fee and uniform (shirt, visor/hat, socks).

Required equipment: Players will need to supply their own black shorts, softball (soccer) cleats, softball mitt, helmet with facemask and chin strap, water bottle, and suntan lotion.

Optional equipment: Individual softball bat, batting gloves, and slider shorts are recommended for older players.

How to register: Please complete the registration packet and mail it to:

Oregon Spirit Softball Junior Program
c/o Valley Catholic School
4275 sw 148th Ave
Beaverton, OR 97007

Registration deadline: May 31, 2010. Registrations received after deadline will be subject to an additional fee of \$15.

Refund Policy: There will be NO refunds unless the team is cancelled at any given level (See playing levels for details).

Contacts: If you have general questions about Oregon Spirit Softball, please send email to: info@oregonspiritsoftball.org. For questions specific to the Junior Program, please call Jennifer Gfroerer (Grah FAIR ah) at 503-520-4703 or e-mail at JGfroerer@valleycatholic.org.

Membership for OSS Junior Program: Membership on an OSS Junior Program team, for kindergarten through sixth grade (for the 2009-2010 school-year), will be granted on the following basis for all players who complete the registration by the due date.

Priority will be given to:

1. Returning OSS players
2. Qualified children of the coach
3. OSS '07 (prior season) wait list players
4. Siblings of returning or current OSS payers (If a child played last year and now their sibling wants to join, they would get priority over general population)
5. Other applicants

<http://www.oregonspiritsoftball.org/index.html>



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Athlete Information (please print):

First Name: _____ Middle Initial: _____ Last Name: _____
Street Address: _____
City: _____ State: _____ Zip Code: _____
Home Phone: _____ Home e-mail: _____
Birth Date (mm/dd/yyyy): _____ Fall 2010 Grade: K 1st 2nd 3rd 4th 5th 6th
School attending fall 2010: _____ 7th 8th

Family Information (please print):

Father's First Name: _____ **Last Name:** _____
Work Phone: _____ E-mail: _____
Cell Phone: _____

Would you like to volunteer for any of the following?
 Coach Assistant Coach Team Parent Treasurer

Mother's First Name: _____ **Last Name:** _____
Work Phone: _____ E-mail: _____
Cell phone: _____

Would you like to volunteer for any of the following:
 Coach Assistant Coach Team Parent Treasurer

Emergency Information:

Name of Emergency Contact (other than parent/guardian): _____

Phone Number: _____ Cell Phone Number: _____

Relationship to Player: _____

Family Physician: _____ Phone Number: _____

Dentist: _____ Phone Number: _____

Insurance Company: _____ Insurance Policy Number: _____

Please list any medical problems: _____

Do you have any medical conditions, physical limitations, or allergies we should be aware of before you compete? Please describe any treatment (inhaler, epi-pen, etc.).



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Athlete Information (please print):

First Name: _____ Middle Initial: _____ Last Name: _____

Uniform Information: Please see OSS Optional Clothing Order Form for additional options. The OSS Junior Program uniform consists of a sleeveless game shirt, socks, and a visor. This is included in the registration fee.

Please circle the size of jersey you wish to order for your daughter. Please pay close attention to the child sizes vs. adult sizes. Jerseys will most likely be a cotton blend.

Order carefully - There are no refunds or exchanges.

Jersey Size					
Child sizes	XS (2-4)	S (6-8)	M (8-10)	L (12-14)	XL (16 – 18)
Adult sizes	(not available)	Small	Medium	Large	XL
Shoe Size		Child Size	Youth Size	Adult Size	
		(Small): _____	(Average): _____	(Large): _____	

Required equipment: Players will need to supply their own black shorts, softball (soccer) cleats, softball mitt, helmet with facemask and chin strap, water bottle, and suntan lotion. **Optional equipment:** Individual softball bat, batting gloves, and slider shorts are recommended for U12 players.

Permission & Waiver

I hereby give my permission for my daughter _____ to take part in "Oregon Spirit Softball" activities. To the best of my knowledge she is physically fit and able to engage in sports activities. I give permission for the adult in charge to arrange for emergency medical attention, if needed. In consideration of my permission granted my child to participate in this sports activity, I hereby release, discharge and hold harmless Oregon Spirit Softball, its coaches, Tualatin Hills Park & Recreation District, Valley Catholic School, Beaverton School District and their agents and employees for all liability, personal injuries known or unknown, arising out of "Oregon Spirit Softball" activities.

I have read this permission and release waiver, and understand all of its terms as noted. I sign it voluntarily and with full knowledge of its significance.

Please Print: Parent's First Name: _____

Last Name: _____

Parent/Guardian signature: _____

Date: _____



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Coach/Team/Player Requests

Players will be assigned teams based on their ages. When possible, students will be assigned teams based on the school they attend and/or their friend requests. Students from the same school will not be split if we can avoid it (provided the player met the registration deadline).

Please keep this in mind as you make your coach/team/player requests. We will try and honor request on a first come basis, within the parameters listed.

Athlete Information (please print):

First Name:

Last Name:

Coach/Team request:

First Name:

Last Name:

Relationship to this coach (parent, family friend, last year's coach):

Phone Number:

E-mail:

Friend Request # 1:

First Name:

Last Name:

Relationship (sibling, cousin, friend):

Phone Number:

E-mail:

Friend Request #2:

First Name:

Last Name:

Relationship (sibling, cousin, friend):

Phone Number:

E-mail:



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2010 Optional Clothing Order Form

Athlete Information (please print):

First Name: _____ Last Name: _____

Home Phone: _____ Home E-mail: _____

Order carefully - There are no refunds or exchanges.

OSS Sweatshirts – Sweatshirts are black with the OSS logo on front and the child's last name on the back

Last Name (As it should appear on the back of the shirt): _____

Number Ordered	Description	Cost per item	Size(s)
	Hooded Sweatshirt Hooded sweatshirts run about one size smaller than typical.	\$35.00	
	Crew Neck Sweatshirt	\$30.00	
	¼ zip sweatshirt (adult sizes only)	\$35.00	

Size Chart: Order carefully - There are no refunds or exchanges.

Child sizes	XS (2-4)	S (6-8)	M (8-10)	L (12-14)	XL (16 – 18)
Adult sizes	(not available)	Small	Medium	Large	XL

Make checks payable to Oregon Spirit Softball. Check MUST accompany order.