


VALLEY CATHOLIC ELEMENTARY SCHOOL LUNCH MENU MAY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Milk is served with all meals Milk choices include: - 1% white milk - non fat chocolate milk We serve hormone-free milk.		Mexican Bar includes nacho chips, tacos, cheese, beef & bean burritos, sour cream, salsa, lettuce, and tomatoes Monday Option: Hamburgers Tuesday/Thursday Option: Assorted Pizzas Salad Bar is available every day		PRICES: Student Lunch 3.00 Adult Lunch 3.50 Milk .60
<div style="border: 2px solid black; padding: 5px; display: inline-block;"> Menu subject to change without notice </div>				
	1 <i>Chicken Burgers & Chips</i> or <i>Cheese Omelet</i>	2 <i>Mexican Bar</i> or <i>Deli Sandwich & Chips</i>	3 <i>Ravioli & Meat Sauce</i> or <i>Cheese Ravioli in Tomato Herb Sauce</i>	4 <i>Macaroni & Cheese</i> or <i>Fish Fillet on a Whole Wheat Bun</i>
7 <i>Corn Dogs</i> or <i>Chicken & Rice Curry</i>	8 <i>Fried Chicken with Mashed Potatoes & Gravy</i> or <i>Cheese Quiche</i>	9 <i>Mexican Bar</i> or <i>Pizza - Cheese or Chicken & Mushroom</i>	10 <i>Lasagna with Garlic Bread</i> or <i>Spinach Lasagna</i>	11 <i>Baked Potato Bar</i> or <i>Grilled Cod Fillet</i>
14 NO SCHOOL - Accreditation Prep	15 <i>Chicken Strips with Rice</i> or <i>Zucchini & Tomato Bake</i>	16 <i>Mexican Bar</i> or <i>Tuna Salad Sandwich & Chips</i>	17 <i>Sweet & Sour Chicken with Rice</i> or <i>Pork Egg Roll</i>	18 <i>Grilled Cheese Sandwich & Tomato Soup</i> or <i>Vegetarian Fried Rice</i>
21 <i>Hot Dogs</i> or <i>Vegetarian Fried Rice</i>	22 <i>Chicken Nuggets with Rice</i> or <i>Broccoli & Cheese Casserole</i>	23 <i>Mexican Bar</i> or <i>BLT Sandwich & Chips</i>	24 <i>Spaghetti with Meat Sauce & Garlic Bread</i> or <i>Meatless Spaghetti Sauce</i>	25 <i>Macaroni & Cheese</i> or <i>Fish Fillet on a Whole Wheat Bun</i>
28 NO SCHOOL - Memorial Day	29 <i>Chicken Burgers & Chips</i> or <i>Cheese Soufflé</i>	30 <i>Mexican Bar</i> or <i>Deli Sandwich & Chips</i>	31 <i>Ravioli & Meat Sauce</i> or <i>Cheese Ravioli in Tomato Herb Sauce</i>	