

VALLEY CATHOLIC MIDDLE SCHOOL UNIFORM DRESS CODE

School Uniform

Students wear uniforms daily unless special non-uniform days are announced. **All uniform items with the exception of socks and shoes must be purchased through Dennis Uniform Company, Lands End Uniform Company, or the Gap Uniform Company.**

Valley Catholic Middle School uniform:

Long pants: Solid navy-blue or khaki chino-style cotton or cotton blend pants, fitted at the waist.

Dennis Uniform Styles (Boy and girl styles):

Anchor Twill-pleated or Plain Front
Capris

Lands End Styles (Boy and girl styles):

Pleated or Plain Front Chinos
Corduroy Pant
Cargo (Flares included)
Stretch Cropped Chinos
Stretch Cords
Stretch Flare Chinos

Gap Uniform Styles (Boy and girl styles):

Girls GapShield Chinos
Girls Classic Khakis
Boys GapShield Pleated or Flat Front Khakis

Shorts: Solid navy-blue or khaki chino or walking-style shorts (fitted at the waist); these must be **no more than two inches** above the knee.

Dennis Uniform Styles (Boy and girl styles):

Anchor Twill

Lands End Styles (Boy and girl styles):

Chino Short
Cargo Short

Gap Uniform Styles (Boy and girl styles):

Boys GapShield Pleated or Flat Front Short

Shirts: All shirts must fit at the shoulders; they must be white, navy, or chambray blue. Shirts **MUST** have the Valley Catholic Middle School Logo applied. (All shirts must be purchased through Dennis Uniform or Lands End Uniform.) Shirts may not hang any lower than the top of the pant's pocket **and must be tucked in at all times.**

Dennis Uniform Styles (Boy and girl styles):

Polo—short-sleeved
Oxford in white or blue

Lands End Styles (Boy and girl styles):

Interlocken or Mesh Polo—long or short-sleeved
Mock Turtleneck or Turtleneck
Oxford in white, french blue, or blue

Sweaters and sweatshirts: Solid navy sweater, fleece or sweatshirt. Sweaters, fleece and sweatshirts **MUST** have the Valley Catholic Middle School logo applied.

Dennis Uniform Styles (Boy and girl styles):

Crew Sweatshirt
Polartec 300 Fleece
Polartec Vest 300 Fleece

Lands End Styles (Boy and girl styles):

Hooded Sweatshirt
Polartec Jacket
Crew Sweatshirt
Drifter Cardigan
Drifter Crewneck
Drifter V-Neck
Drifter Vest
Argyle vest in Classic Navy

Jackets: All jackets worn inside the school building, including at lunch, assemblies, and Mass must be purchased from Dennis Uniform or Lands End Uniform.

Dennis Uniform Styles (Boy and girl style):

Navy Polartec300 Jacket for VCMS with Logo
Letterman/Varsity Style Jacket Navy and Heather Gray

Lands End Uniform Styles (Boy and girl styles):

Classic Navy Hooded Squall Parka with VCMS Logo
Classic Navy Polartec 200 Jacket

Shoes: Shoes must be secure on the feet and have a closed toe. (Sandals may not be worn on uniform days). Shoes may not have black soles. Combat boots, hiking shoes, or high-heeled shoes are not allowed. Athletic shoes (tennis shoes) **MUST** have both a closed toe and a closed heel and must be worn for all PE classes.

Socks: Solid white, khaki, or navy blue socks, tights, or stockings must be worn with all shoes. Sock must be visible above the shoe.

Girl's Attire: In addition to the uniform code listed above, female students may also wear solid navy blue, khaki, or rampart plaid skirts and/or skorts (fitted at the waist), must be no more than two inches above the knee.

Dennis Uniform Styles:

Rampart Plaid – Knife Pleat
Twill - Skort
Rampart Plaid - A line

Lands End Styles:

JR A-Line Skirt
JR Pleated Skirt
Chino Skort: Knee-length; above knee length is NOT acceptable for uniform dress
5-pocket Stretch Cord Skirt
Chino Skirt

Hair: Hair is to be clean and neatly groomed and must not interfere with eyesight. Extreme fads in cuts, styles, or designs are not acceptable. Two-toned bleached hair and hair of an unnatural hair color is not allowed.

Make-Up: Light make-up is acceptable. Glitter (of any kind) or heavily applied make-up is not acceptable (eyeliner, mascara, lipstick, etc.).

Jewelry: Visible piercings are acceptable only in the ear lobes. Jewelry must not be distracting. Students may not wear dog-type collared jewelry, studded wristbands, wallet chains, ropes, studs, etc.

Other: No hats, caps, visors, bandanas or sunglasses are to be worn in the building.

*Please note –Any shirt worn under the uniform shirt must be solid white without printing of any kind. In addition, the uniform shirt must completely cover the undershirt; the buttons on the uniform shirt may not be opened to expose the undershirt, nor may the undershirt be hanging out of either the sleeves or the bottom of the uniform shirt.

PE Uniform:

Shirts: All PE T-Shirts must have a SMVS, VCMS, VCS or CYO logo.

Shorts: Dennis Uniform mesh shorts or PE shorts
Lands End Soccer shorts in classic black or dark navy
Lands End Reliable Twill sport short in classic navy or black

Shoes and Socks: Athletic socks, athletic/tennis shoes.

SPIRIT DRESS

Every Friday is a Spirit Dress Day. Spirit dress days are designed as a way to reward student responsibility while promoting school spirit. When additional spirit dress days are announced, students should wear the standard school uniform as described in section **10.1, Valley Catholic Middle School Uniform Dress Code**, or clothing that adheres to the following requirements:

A t-shirt, sweatshirt or fleece (jacket or vest) bearing the logo of SMVS, VCMS, VCS or a SSMO approved/sponsored activity (such as CYO, Music Camps, sports camps, etc.). No other shirt, sweatshirt, fleece, vest or jacket may be worn in the building on these days.

Any pants, shorts, skirts, or skorts that are acceptable under the free-dress guidelines are acceptable to wear IN CONJUNCTION WITH one or more of the tops listed above.

SPECIAL DRESS DAYS

On special dress days the standard uniform may be replaced with clothing of a specified design or color. Special dress days may occur during spirit week, on or near certain holidays, and in support of a sports team entering the playoffs.

On these days, students may wear the school uniform as described in section **10.1 Uniform Dress Code** or shirt, sweatshirt, jacket, pants, shorts, or skirt must be of the day's specified color (at least 50% of the designated color/s). Any other garments must conform to the free-dress guidelines as described in **10.5 Free Dress** and must be worn IN CONJUNCTION WITH the article of clothing of the appropriate color for the special dress day.

Examples of special-dress occasions and colors:

Halloween: Black and Orange (Any shade including gray)

Christmas: Red and Green (Any shade)
Valentine's Day: Red, Pink and Purple
St. Patrick's Day: Green
Spirit Week: Dress requirements are announced

FORMAL DRESS – GRADUATION

Valley Catholic Middle School's Graduation is a formal dress day. Students are expected to adjust to the special dress code guidelines:

GIRLS' ATTIRE

Dressy skirt and a blouse, dress shirt, and/or sweater, and dress shoes

Dress slacks and a blouse, dress shirt, and/or sweater, and dress shoes

Dress and dress shoes

If you wear a dress or shirt without sleeves to graduation, please bring a sweater or covering of some sort to wear **AT ALL TIMES** while you are at the graduation ceremony.

The following guidelines are used to determine appropriate dress:

Clothing should be neat, tasteful and hemmed.

Skirts, dresses, or slits can be no more than two inches above the knee.

Dresses must have sleeves and modest necklines.

Stomachs and backs must be covered.

All shirts and blouses must have sleeves and a modest neckline.

No sheer, midriff, tight, or clingy tops.

No stomach or back skin can show when both arms are raised above shoulder height.

Sleeves should extend at least three inches down the arm beyond the edge of the shoulder.

BOYS' ATTIRE

Dress slacks, dress shirt, and/or sweater, and dress shoes

Ties and/or blazers are optional but are strongly encouraged.

FREE DRESS

Occasionally, students may be given a free dress day. On these occasions, students may wear clothing which adheres to the following, based on VCMS free dress code. Students are to dress and groom themselves at all school-sponsored activities in a manner that is modest, clean and appropriate to a Catholic school academic environment. While parents and students have the primary responsibility for personal appearance, the school administration is responsible for interpreting dress code regulations.

Students in violation of the dress code will be sent to the school office. Parents will be notified and asked to provide appropriate garments.

The attire of students has an important influence on the attitude toward learning within any school. Regard for the peer group and adults with whom the student works, individual expression, modesty, self-respect, and pride for Valley Catholic are all factors in determining the dress code. "Appropriate" describes dress that is proper for the task at hand. Tasks at school include spiritual growth and serious learning within a respectful social setting. Student attire also must reflect pride and respect for the learning process.

Students in violation of the dress code will be sent to the school office, and a parent or guardian will be called and required to bring appropriate garments to the school. Should a parent or guardian be impossible to reach, students may be asked to change to a school-issued garment. Repeated disregard of the dress code will result in disciplinary action.

Shorts should be neat, tasteful and hemmed.

Shorts, dresses, or slits can be no shorter than two inches above the knee.

Stomachs and backs must be entirely covered.

All shirts, blouses, and dresses must have sleeves and modest necklines.

Sheer, tight, or clingy tops are not allowed.

Students' hair must be clean, neatly groomed, and not interfere with eyesight.

No extreme cuts, styles, colors, or designs cut into the hair are allowed. The interpretation of "extreme" is the school's.

Mustaches and beards may be worn if neat and trimmed.

Visible piercings are acceptable only in the ear lobes. Jewelry must not be distracting.

Students may not wear dog-collar type jewelry, studded wristbands, belts with chains, ropes, studs, etc.

Footwear must be worn for all classes, including P.E.

Students may not wear sunglasses in the school building.

No hats of any type, including sweatbands, bandanas, or visors, may be worn by either boys or girls.

Specifically noted as inappropriate are garments with holes or in disrepair, tattered clothing, visible underwear, spandex or running shorts, beachwear (such as cutoffs and swimwear), underwear T-shirts, gang-related symbols or clothing, and clothing advertising sex, alcohol, tobacco, drugs, gangs, violence, profanity or cult groups.

All rules regarding accessories and inappropriate messages on garments apply to extra-curricular events.

STUDENTS REPRESENTING THE SCHOOL

Valley Catholic encourages advisors and coaches of school activities to establish high standards in behavior, dress, and grooming for students representing our school in public. Advisors and coaches may require dress and grooming standards beyond those required for class. Students will be notified of the standards, and any student not in compliance may be denied the participation.